



# **NOT EVERYONE TRAPPED BY ALCOHOL IS AN ALCOHOLIC**



Al-Anon **Family** Groups

**Help & Hope for Families and Friends of Alcoholics**

**What can you do when someone  
close to you drinks too much?**

**1-888-4AL-ANON**

**[www.al-anon.org](http://www.al-anon.org)**

**[www.southfloridaal-anon.org](http://www.southfloridaal-anon.org)**